



# Angelic News

April 2009

## Feature Article

### **Domestic bliss - the growth in outsourcing chores**

Personal, household and hospitality task outsourcing is booming in response to the increasing pressures on personal time. As couples race back to work in the face of recessionary times, the burden placed upon working couples with children who are also caring for ageing parents, continues. Read more [here](#).

## What's New

### **Dena Blackman Finalist for FBA Jason Lea Award**

Congratulations to our very own Dena Blackman, founder of DIAL-AN-ANGEL back in 1967! Dena has been chosen as the state finalist for NSW & ACT. Dena will now go on to compete for the national title in August. Family Business Australia believes the winner will clearly be an ideas person who either shows great entrepreneurial potential or has demonstrated entrepreneurship. He or she will have a strong commitment to excellence and family business best practices, a 'can do' attitude, and a capacity for hard work. We believe that Dena excels in all these areas and wish her luck in August for the FBA National awards. To find out what Family Business Australia is all about go to [www.fambiz.com.au](http://www.fambiz.com.au)

### **Mother's Day Gift Idea**

Mother's Day is a time for demonstrating that you care



## Welcome

The days are getting shorter and the air becoming cooler as we settle into autumn. April is full of activities with children starting school holidays, Jewish Passover commencing and Mothers Day ahead of us in May. Just a reminder that the DIAL-AN-ANGEL office will be open everyday over the Easter break except Good Friday.

for someone - your mother, grandmother, sister or even a close friend. It is a time for letting those you love know just how important they are in your life. Whether they are a new mum, working mum or grandmother there is one thing they all appreciate – a day off! DIAL-AN-ANGEL Gift Vouchers are the ideal gift idea on Mother's Day. You can order one [here](#).

**Going away? Book a babysitter before you go!**

Did you know that DIAL-AN-ANGEL provides babysitting and nanny services in Sydney, Gold Coast, Newcastle, Brisbane, Canberra, Gosford, Adelaide, Perth and Melbourne? Make sure your next family holiday includes some free time with the one you love. Simply call 1300 721 111 to organise a babysitter while you are on holidays.

**Permanent Placements**

Are you looking to employ permanent personnel such as a Nanny, Aged Carer, Companion, Housekeeper, Domestic Couple, Cook, Butler, Chauffeur, Gardener, or Handyman? Angels can be employed part-time as well as full time. DIAL-AN-ANGEL is a specialist recruitment agency for live-in care and domestic help, we take the guesswork out of finding the perfect match for your requirements. A wide range of screened Angels are looking for permanent employment. To discuss your requirements and to arrange interviews with prospective Angels please don't hesitate to call us on 1300 721 111 for an informal discussion.

**Canberra needs more Angels**

Our Canberra office has been very busy lately so we have some great opportunities for Angels in Canberra. We need child carers, domestic housekeepers and cleaners. We offer top rates, flexibility and the opportunity to work for one of Canberra's most prestigious and long-standing home and family care companies. All applicants need a Police Clearance. So if you are looking for work in school hours, night or weekend work, why not call the office on 6282 7733 or apply [here](#).

**Farm Day, Australia Wide - May 30-31**

Imagine the delight on your child's face as they stroke a calf, pick up a warm egg from the hen house or see a cow being milked for the first time. These are just some of the wonderful encounters city families may

As an all-Australian and family-owned business I would like to make special mention of ANZAC Day. ANZAC Day goes beyond the anniversary of the landing on Gallipoli in 1915. It is the day we remember all Australians who served and died in all wars, conflicts, and peacekeeping operations. We commemorate this event with special sadness as we remember those that went before us and those who continue peacekeeping around the world today. Their courage allows us to live in peace and freedom today. Lest we forget.

Until next time,  
travel safely,  
Danielle Robertson  
CEO,  
DIAL-AN-ANGEL  
Pty Limited

experience on Farm Day. Farm Day aims to bridge the rural/city divide by offering a day of 'fun, friendship and understanding'. Each city family is matched with a farming family providing an intimate insight into life on the land, the chance to 'muck in' with the jobs on the farm and the opportunity to get up close to the animals. For those that have never seen cows being milked, sheep being shorn, fed the chooks or sat on a tractor, simply visit [www.farmday.com.au](http://www.farmday.com.au) and register your details.

### **School holiday care options**

If your planned child care arrangements fall apart during the school holidays you don't have to lose a day's work. DIAL-AN-ANGEL Emergency Care is as close as your phone. You can go to work knowing that your children are in caring, competent hands. DIAL-AN-ANGEL also provides this service through corporations as part of their Work-Life balance programs supporting working parents. Just call 1300 721 111 or book online [here](#).

### **Delightful Destinations - South West Rocks, NSW**

If you are looking for the quintessential sleepy, laid-back and almost undiscovered place for a holiday, you will find it hard to go past South West Rocks.

Actually it is easy to go past it – located as it is just off the madness that is the Pacific Highway in holiday time – but take the turn-off and discover something the locals have known for years ... this is an absolute gem! And if you are looking for a place to stay try [Grass Trees Escape](#) Read more [here](#) from TakeABreak.

### **Fit & Well – Easter Fitness Tips**

With childhood obesity on the rise, it may be time for us to rethink these Easter baskets. So here are some ideas for healthier Easter goodies that will still have your kids brimming with excitement:

Stuffed bunny - Instead of chocolate, make it a plush bunny. It will last longer, won't rot your child's teeth, and could be their new best friend.

Go dark - Dark chocolate contains a large number of antioxidants (nearly 8 times the number found in strawberries). Flavonoids also help relax blood

pressure through the production of nitric oxide, and balance certain hormones in the body. Better yet, give dark chocolate covered raisins or sultanas.

Bubbles - These soapy suds delight everyone, young and old. Your children will have as much fun chasing them as they have hunting for those elusive Easter eggs. And while they are doing all that chasing it's a great way to stay fit!

Read more [here](#) from Performance Body Works.

#### Top Tips

Australians use thousands of tonnes of batteries each year and most end up as toxic landfill. Did you know Cleanaway ([cleanaway.com.au](http://cleanaway.com.au)) collects single use batteries and rechargeable batteries in flat packed boxes and you can drop single-use batteries at Ikea stores. Also try [RecyclingNearYou.com.au](http://RecyclingNearYou.com.au) to search for local battery recycling drop-offs. Every small action counts! Read more great tips [here](#).

#### **Give a Gift to a Friend**

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